

## **“The importance of Lighting Ergonomics in Office Design”**

Well Designed Offices and Cubicles not only make workers more productive and happy, but also healthier. According to Engineering News “Proper Workplace Lighting has bottom line effects”. People receive about 85 percent of their information through their sense of sight. Appropriate lighting, without glare or shadows, can reduce eye fatigue and headaches.

The ability to "see" at work depends not only on lighting but also on:

- The time to focus on an object. Fast moving objects are hard to see.
- The size of an object. Very small objects are hard to see.
- Brightness. Too much or too little reflected light makes objects hard to see.
- Contrast between an object and its immediate background. Too little contrast makes it hard to distinguish an object from the background.

CA Office Furniture & Design recently added the Foxglove FT 20 Personal Task Light to its range.



Cost = \$ 115.00 plus Tax

The Foxglove Personal Task Light puts light right where you need it, making it ideal for use near computer screens. With Freestanding, Clamp-mount, or Panel Mount configurations, as well as Single or Double Articulating Arm options, the Foxglove is as versatile as it is functional. It is powered by a 20W self-ballasted fluorescent lamp, which does not generate heat.

CA Office Furniture & Design decided to add this Personal Task Light to its ranges of New, Used and Refurbished Cubicles, as well as Laminate & Veneer Desk Ranges, to offer customers a cost effective lighting option to improve the quality of work environments.

**CA Office Furniture & Design** is focused on the office furniture requirements for Relocating and Expanding Businesses, anywhere in Southern California. We do Ergonomic Office & Cubicle Layouts and Space Planning, as well as the Manufacturing & Installation of Furniture. Our ranges cover New Furniture, Refurbished Cubicles as well as Used Furniture.

Feel free to visit our Virtual Showroom at: <http://www.caofficedesign.com>

**Products & Services include:**

Office Space Planning and Design, Office Layouts, Cubicle Layouts and Cubicle Design, Relocation Project Management, New or Used Office Furniture, Used or Refurbished Cubicles. Office Desks, Office Chairs, Space Chairs, Task Chairs, Visitors Chairs, Lobby Chairs, Conference Chairs, Ergonomic Chairs, Desk Chairs, Training and Nesting Tables and Chairs, Filing and Storage Systems, Reception Desks, Reception Stations, Veneer or Laminate Conference Tables, Telemarketing Cubicles, Call Centers, Reception & Lobby Furniture, Modular Offices and Modular Walls, Executive Office Furniture, Executive Chairs and Cubicle Chairs, Office Cubicles, Office Walls, Panel Walls, Modular Panels, Meeting or Lunchroom Tables, Metal Desks, L Shaped Desks, Laminate Desks, Storage Desks, Reception Stations, Storage Cabinets, Utility Cabinets Lateral Files, Steel Storage, Filing Cabinets, Metal Files, Metal Storage, 2 Drawer Lateral, 3 Drawer Lateral, 4 Drawer Lateral, 5 Drawer Lateral Files.

**Focus Areas include:**

**LA County:** Agoura Hills, Alhambra, Arcadia, Azusa, Bell Gardens, Bellflower, Burbank, Calabasas, Carson, Cerritos, City of Industry, Commerce, Compton, Covina, Culver City, Diamond Bar, Downey, Duarte, East Los Angeles, East Pasadena, El Monte, El Segundo, Florence, Gardena, Glendale, Glendora, Hawthorne, Hollywood, Hyde Park, Inglewood, Long Beach, Los Angeles, Lynwood, Manhattan Beach, Montebello, Monterey Park, Norwalk, Paramount, Pasadena, Pico Rivera, Pomona, Redondo Beach, Santa Monica, South Gate, South Los Angeles, South Pasadena, Torrance, West Covina, West Hollywood, Willowbrook

**Orange County:** Aliso Viejo, Anaheim, Brea, Buena Park, Costa Mesa, Cypress, Dana Point, Fullerton, Garden Grove, Huntington Beach, Irvine, Laguna Beach, Laguna Hills, Laguna Niguel, Lake Forest, Los Alamitos, Mission Viejo, Newport Beach, Orange, Placentia, San Clemente, San Juan Capistrano, Santa Ana, Seal Beach, Stanton, Trustin, Westminster, Yorba Linda

**Riverside County:** Corona, Hemet, Lake Elsinore, Moreno Valley, Murrieta, Norco, Palm Desert, Palm Springs, Perris, Riverside, San Jacinto, Temecula, Wildomar

**San Bernardino County:** Chino, Chino Hills, Fontana, Ontario, Rancho Cucamonga, Redlands, San Bernardino, Upland

**San Diego County:** 4S Ranch, Camp Pendleton, Carlsbad, Del Mar, Encinitas, Escondido, Fallbrook, La Mesa, Oceanside, Poway, Rancho Bernardo, San Diego, San Marcos, Solana Beach, Vista